



DIRECTIONS

4Sports are very easy to find, in central Norfolk on Dereham's main industrial estate Rash's Green.

From Norwich:

Exit at the Tesco's slip road and take the third exit at the roundabout to head towards the town centre. At the 2nd set of traffic lights, turn left into Tavern Lane and follow this road under the A47, then take the 1st left into Rash's Green.

From Swaffham:

Exit at the slip road just after the start of the dual-carriageway. Turn left onto Tavern Lane and follow this road under the A47, then take the 1st left into Rash's Green.

From Shipdham/Watton/Thetford:

Approach Dereham on the A1075, going through Toftwood. After the 2nd pedestrian crossing, turn into Rash's Green.

From North Elmham / Fakenham / Holt:

You will enter Dereham on the B1110. Follow the local signs for all through routes. When you reach a set of traffic lights with Homebase on your right, turn right into Tavern Lane. Follow this road until after it goes under the A47, then take the 1st left into Rash's Green.

ONCE ON RASH'S GREEN:

Go round the main bend to the right, then take the second left into Bertie Ward Way. Follow this round to the right, we are near the end of the road on the right hand side.

**23 Bertie Ward Way, Rash's Green, Dereham, Norfolk
NR19 1TE 01362 854447**



**Open from 8.30am to 5.30pm (Mon-Fri)
9am – 3pm (Sat)**